

THE DISCIPLESHIP WAY



Jonathan Mackwell

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Introduction

Why DISCIPLESHIP?

I can remember, as a child, going to a Church with my parents and taking along a younger lad who my parents were fostering. It was his first time of ever going to Church. He was quite excited and when he first set eyes upon the fully gowned vicar up front he shouted out in his enthusiasm - "Is that God?"

For many, our education about who God is and what Christians believe comes more from the Simpsons or the Vicar of Dibley. 'Jesus' and 'Oh my God' are simply expletives. Unlike previous generations who, out of tradition, attended Sunday School and had School assemblies with prayers and hymns, exposure to Christianity is now extremely limited.

Yet here you are, having somehow been introduced to a guy called Jesus. Maybe you've been on the journey for a while seeking something more in life, or maybe something has happened unexpectedly recently that has got you questioning. But having started this journey, how do you now continue? How can you get to know this guy Jesus better and how can you build your relationship with Him so that you can hear Him better and live His way?

When I used to live in Africa I often travelled cross country on a motorbike with only a rucksack on my back. I knew I needed to carry all the essentials that would get me to the destination, but also at over 40 degrees centigrade I didn't want to take any baggage that was non-essential.

The aim of this course is to cover the essentials: to explore God's great love story. To get to know Him better, learn to hear His voice and have intimacy with Him. It's not just about eternity but about the here and now. God created fun, pleasure and enjoyment - He wants us to have life to the full now, today.

Unfortunately, we can come with baggage that can get in the way and weigh us down on the journey. This may be cultural, spiritual, mental, emotional or physical. The Bible talks about a Kingdom Culture, a new approach: God's approach which brings life.

This course brings together some of what I have learned and the tools I have used over the years to grow both myself and to help others in

learning to journey successfully, together with Jesus.

This course is not meant to come with all the answers, but to provide tools and basic understanding to form a good foundation upon which to build.

The course will follow a simple 12 step route to journey together with Jesus. Each step's title starts with the letters of D-I-S-C-I-P-L-E-S-H-I-P.

Discipleship is the process of becoming a disciple who then disciples others. At the time of Jesus, the people who chose to follow Him, who chose to learn from Him, share life with Him and grow to become more like Him, were called "disciples". Another word for disciple could be follower, not only in being led and guided by Jesus, but also following and imitating Him in belief, thought and action.

The first followers of Jesus, the disciples, not only grew in their faith and relationship with God themselves, but passed it on. It was as they passed it on that they themselves grew more.

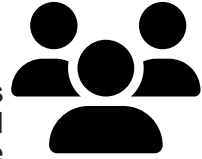
This 'way' of a life of discipleship, as a follower of Jesus, who prepared the 'way' for others to follow (Isaiah 40:3), led to the early disciples, being called 'People of the Way' (Acts 9:2, 24:14).

My hope and prayer is that as you go through this course you will learn the tools that help you to grow in your faith and relationship with Jesus, and also let go of any baggage that may wear you down and get in the way. Hopefully, this course will become something which you can in the future lead others through, helping them also to have life to the full following the 'Discipleship Way' as a follower of Jesus.

May our faithful God of love bless you as you start to journey together with Jesus.

Jonathan Mackwell

Step 1 Disciple



It is great that you have decided to join us on this journey of learning how to get to know Jesus better and how to live His way. This is called becoming a disciple of Jesus. Through this course we will cover many different subjects and would really encourage you to be open and fully engaged. To begin with, some things may seem strange and new. You may feel a bit overwhelmed, but slowly, with God's help, you will start to see how amazing, satisfying and exciting life as a disciple of Jesus can become.

Q. What do you want to gain from this course?



Study: Choosing to be a disciple

Read Mark 4:25 AMP

“For whoever has [a teachable heart], to him more [understanding] will be given; and whoever does not have [a yearning for truth], even what he has will be taken away from him.”

Q. What does it mean to have a teachable heart?

Q. How can you develop a yearning for truth?

Q. What is the danger to us if we do not grow as disciples?

Key principles for becoming a disciple:



UP

Worship and greater intimacy with God.

IN

Growing and learning together with friends.

OUT

Taking what we are learning and applying it to our lives and sharing it with others.

How we are going to do this:



Travel Together - Growing as a disciple of Jesus can only really happen when we do it with other people. It is key to spend time with other Christians, learning together how to know Jesus in everyday life by sharing life, studying together, praying and worshipping together. Try to work through this course in a small group, or with someone who has been journeying with Jesus for longer, who can be a bit of a coach.



Study - To explore and apply the Bible for yourself is a key part of this course. There is an introduction to each step's theme followed by 3 studies. You may want to work through these yourself or with a friend. They bring some of the key building blocks. Don't worry if you struggle with some of the answers, you won't be on your own. Try your best to answer them - your understanding will grow. Also, highlight any questions you have to discuss with others.



Discuss - At the end of each step are some group discussion questions. These start with an opportunity to chat through any questions from the studies. Then there are some further questions and areas to explore more in a group setting, or with your coach.



Action Points - Finally, to ground each step is an action point. This is where the 'rubber hits the road'. It is a challenge to apply what has been learnt during the step. Try to hold each other accountable, not only to work through the studies, but also in how you get on with the action points.



Replicable - The hope of this course is that not only will you grow to become a disciple of Jesus, but that you also will then become a coach: who can begin walking others through this course. Remember discipleship is the process of becoming a disciple who then disciples others!

Invest in a Bible:

We would really encourage everyone to buy a copy of the Bible. It doesn't need to be fancy with gilded edges and leather bound. Many Churches will have a stock of Bibles they are willing to give away for free.

The Bible was originally written in mainly Hebrew and Aramaic for the Old Testament, and Greek for the New Testament. As is the nature of

translation, different words can have the same meaning. Older translations like the King James Version (KJV), would have been the modern English at the time of being written, but now seem archaic and difficult to understand. So we would suggest you choose a modern translation such as the New International Version (NIVUK) or the New Living Translation (NLT). If English is not your first language, or you find reading a challenge, you may want to try the New International Readers Version (NIRV). These are in modern English and so are easier to read and engage with.

You may also want to get a Bible app on your smartphone. A good free one is by YouVersion www.Bible.com, App store: YouVersion.

The YouVersion App will also read the Bible to you, which can be extremely helpful if you struggle to read due to having dyslexia, or if driving or doing another task!

Bible reading plans - you may want to check out the different Bible reading plans available on the Bible app. It's great to start with a New Testament Reading Plan, try one which is one chapter a day and covers the whole of the New Testament in a year. Try not to take on too much at once!

Community - it's also good to connect with friends through the 'Community' page of the app and encourage each other with their Bible reading and chat and learn from each other when maybe you don't fully understand a passage.



Study: Why read the Bible?

A number of years ago I was attending a conference in Pitlochry, Scotland. During the lunch break I went for a walk to the local park. En route, I was stopped by a young guy who wanted to sell me a book. He was a Hari Krishna. After a good chat I bought the book and carried on to the park and skimmed through it. I returned to the guy and asked him about what his thoughts were about Jesus. He didn't know much about Jesus: only what he had been told by his teachers. I pointed out that the book I had just bought from him refers to Jesus as being Lord, as being the Son of God, and spiritual master. I asked him if he felt it would be important with such a description of being Lord, Son of God and spiritual master to find out what Jesus actually said for himself.

We parted with his agreeing to read the Gospels - Matthew to John to discover for himself what Jesus had said.

The reason we read the Bible is to get to know it for ourselves. Rather than just hearing what others tell us it says, it is best to look at it ourselves (Acts 17:11). We believe the Bible is the Word of God (Hebrews 4:12-13), that we can hear from God and get to know Him and hear from Him through reading it. We can delight in it (Psalm 119:16): it isn't boring and we can be excited and transformed by what it tells us. We can find our identity and purpose and future by God's telling us who we are in the Bible, and what are His purposes and plans for our lives (Ephesians 2:10). The Bible teaches us how to live God's amazing way, which is full of love, enjoyment, wholeness, and is completely satisfying (1 Peter 3:10-12). A good acronym for the **BIBLE** is that God has given us 'Basic Instructions Before Leaving Earth!'



Group Discussion Questions:

Read 2 Timothy 3:14-17

Q. What/who is the source of the Bible?

Q. How is the Bible useful? What can be gained from reading the Bible?

The Bible reveals that God has had a plan since before creation; it is an amazing love story, and although separation from God has entered the world through bad choices/sin, God has never turned His back on His creation. He had a plan to bridge that gap, centred on Jesus. Jesus is the key to understanding the Bible.

So how do we read the Bible?

Q. What is your experience of reading the bible?

Read Proverbs 2:1-5

“My son, if you **accept** my words and store up my commands within you, turning your ear to wisdom and **applying** your heart to understanding— indeed, if you **call** out for insight and cry aloud for understanding, and if you look for it as for silver and **search** for it as for hidden treasure, then you will understand the fear of the Lord and find the knowledge of God.” (Proverbs 2:1-5)

Look at each of the points below drawn from this passage and discuss what your understanding is of each and how you could apply them.

We are to “**Call** out” to the Holy Spirit to guide us into all truth and to reveal Jesus to us (John 16:12-15). How do we do this and how will the Holy Spirit respond?

“**Search** for the treasure “- what did this mean in the context it was written? What is it saying? What does it mean to me today?

“**Accept**“what the Bible is saying and that God is for you, and wants to bring enrichment and life to you. What does this look like, especially when we read things in the Bible that we may find hard?

“**Apply**” the Word of God - don’t just hear the Word but do it (James 1:22-25). How can this passage change my life? My attitudes? My values? My relationships? My plans? My relationship with God?

Read John 5:39-40 & John 16:13

Q. Can you read the Bible without encountering Jesus?

Q. How can we find life through the Bible?

Q. What role does the Holy Spirit play?

Response:

Commit to working your way through the studies.

What time each day will work for you?

Could you commit to doing this together with a friend? How will you encourage each other, chat through any difficult parts and spur each other on?

Pray for each other for a greater hunger for God's living Word and also regarding any challenges to prioritising this.



Action Point: Invest in a Bible and commit to a time each day to read it. Commit to working through the rest of this course.

This step above is different to the others because we have outlined key principles of the course, and have focussed in on the Bible as our essential piece of equipment for our journey.

The remaining steps follow the structure of: an introductory story, 3 studies, then a group discussion including questions and study.

“Only a disciple can make a disciple”. – AW Tozer

Bible Guide

Old Testament 39 Books

Genesis
Exodus
Leviticus
Numbers
Deuteronomy

Joshua
Judges
Ruth
1 Samuel
2 Samuel
1 Kings
2 Kings
1 Chronicles
2 Chronicles
Ezra
Nehemiah
Esther

Job
Psalms
Proverbs
Ecclesiastes
Song of Solomon

Isaiah
Jeremiah
Lamentations
Ezekiel
Daniel

Hosea
Joel
Amos
Obadiah
Jonah
Micah
Nahum
Habakkuk
Zephaniah
Haggai
Zechariah
Malachi

History and Laws

History

Poetry

Major Prophets

Minor Prophets

New Testament 27 Books

Matthew
Mark
Luke
John

Acts

Romans
1 Corinthians
2 Corinthians
Galatians
Ephesians
Philippians
Colossians
1 Thessalonians
2 Thessalonians
1 Timothy
2 Timothy
Titus
Philemon

Hebrews
James
1 Peter
2 Peter
1 John
2 John
3 John
Jude

Revelation

Gospels (Life of Jesus)

Early Church

Paul's Letters

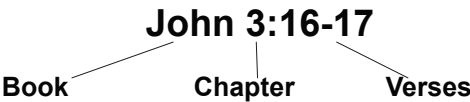
Other Letters

Prophecy

Epistles (Letters)

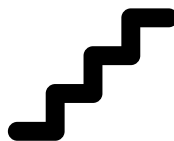
The Bible is a library of 66 books, written over hundreds of years by different people, but fully inspired by God.

Each book is broken down into Chapter and Verse, these were later added to help navigate them.



Step 2 Initial steps

Memorise John 3:16



Introducing Initial Steps:

For some people they know the exact date and time when they took the step to become a disciple of Jesus, a Christian. For others they couldn't really say when it happened, they just know along the way something changed.

I think it is similar with any relationship, especially marriage. Some people remember the 'love at first sight moment'; others remember a gradual journey of slowly getting to know someone and eventually being surprised that a friendship has grown into love, commitment, and even marriage.

It took over 10 years of friendship before I started to date Jenny, when we first started to date she found it difficult, she felt it was right but she didn't straight away have the 'head over heels' feelings which she had expected. She even had a list of things which could be show stoppers which we had to work through. The feelings eventually came (which was a relief!). Then came steps of commitment, engagement, then marriage. But the day of the marriage wasn't the end, it was just the beginning of an amazing journey.

It is the same with our initial steps on this journey with Jesus. We may not yet have the 'feelings', we may even have a list of possible 'show stoppers', we may still need to make key steps of commitment. But we are taking the steps one at a time, starting out on our journey with Jesus.

In the book 'Hinds Feet in High Places' Hannah Hurnard tells an allegory of the Christian life, where a young woman named "Much Afraid" sets out on a journey with the "Shepherd". Along the way she faces different challenges and has to make the decision: will she surrender an area of her life so she can carry on to the High Places, or will she turn back?

Again: with the Christian life it is a journey, a journey with Jesus. Along the way we may find that there are things we need to let go of, we have the choice each time: do we say no, or do we let go and take hold of something much much better (Philippians 3:12-14).

"Faith is taking the first step even when you don't see the whole staircase" Dr Martin Luther King Jr



Study 1: Loved & Accepted

Read Luke 15:11-32

Q. Why did the younger son decide to leave his father?

Q. Can you think of a parable/story for a son who is successful, but who loses his identity as a loved child?

Q. What makes a person realise their need for God?

Q. How is it that the father saw the son far off?

Q. Why do you think the Father runs to his son?

Read again Luke 15:22

Think about the actions of the father:

Best robe - sign of honour, also to cover the shame - “quick” doesn’t want to make a public exhibition of the shame but to cover it up instead with favour and honour.

Ring - sign of authority, again a part of the family (signet ring) - stamp/

seal on soft wax on letters and goods - it authorised him to do business on behalf of the family again - access to the family money.

Sandals - sign of a free man - not a slave nor a servant but free and a son.

Q. What would each of these actions look like if God was doing this in response to you?

Q. Who do you identify with most, the younger or the older brother?

Q. Why?

This parable shows us how we can choose to live our lives separated from our loving Heavenly Father. That we can take the good things of life from our Heavenly Father, then continue to live a life for ourselves ignoring the Person who gave those gifts. In many cultures for a son to request his inheritance is to wish his father dead! It is a complete breaking of relationship. Whether a person squanders what they have been given, or is successful in life, they are still living a broken life separated from God.

Our loving Heavenly Father never turns His back on us, but is continuously searching with arms wide open for us to come home. The question is whether we make that choice to get over our pride or our sense of unworthiness and choose to turn around from the direction in which we are going, and turn back to God. The younger son took this step and came back to the father seeking forgiveness: recognising he'd chosen the wrong path away from his father.

Read again Luke 15:31

Q. Did the older son have a real relationship with his dad?

Q. Is it possible to go through the motions of being a Christian without really knowing our identity and enjoying the relationship with God: one which is open to us?

Many of us have messed up big time, we've done things we are not proud of: hurt others, hurt ourselves, been selfish, immoral, worshipped self, put work or pleasures first. We've lived lives our way and rejected God's way, whether knowingly or unknowingly.

Some of us have also been highly religious in doing the right thing out of duty and fear rather than out of a loving intimate relationship.

Both of these responses have led to our seeking love and affirmation from people and from the stuff we do. Unfortunately no matter how good people and these things are, we will never be fully satisfied because we were made to have a relationship with our loving Heavenly Father.

As in the story, our loving Heavenly Father's arms are open wide in embrace, He wants to rejoice in us returning to Him and welcomes us back into His family with full status as His child.

Reflection:

(You may want to listen to 'Good, Good Father' by Chris Tomlin)

Imagine yourself in the story, what has your life looked like up to now? How have you excluded your loving Father from your life? What could your life have been like? As you consider turning back to your loving Heavenly Father - what words would you want to say to Him? As you look up you see your Heavenly Father running towards you, what does He do and say? How do you feel in response, what do you want to say?

"Christianity is not about religion. It's about faith, about being held, about being forgiven. It's about finding joy and finding home."
Bear Grylls



Study 2: Separated & Redeemed

Read Isaiah 59:1-2 (Transgression = sin/stuff we do against God's best for our lives. It ultimately hurts both others and ourselves, overstepping His limitations, making ourselves God and rejecting God's love and guidance)

Q. What does sin do?

Read Romans 3:23

Q. Who has sinned?

When we look at what sin is we often refer back to the 10 Commandments as found in Exodus 20:2–17 and Deuteronomy 5:6–21. Jesus in Matthew 5:28, however, took this a step further to infer that we would be held accountable for even entertaining thoughts of sin.

Even if we may never have acted on our hatred, envy or lust, because we have entertained the thought it brings separation between us and God who is holy and just.

Jesus also sums up His way - "Love God with everything you are and love others as yourself" (Matthew 22:37-39). If you fully do this then you will be living God's way.

Q. How can I discover what God sees as sin, and what is His best way for my life?

Read Romans 6:23

Q. What is the consequence of sin?

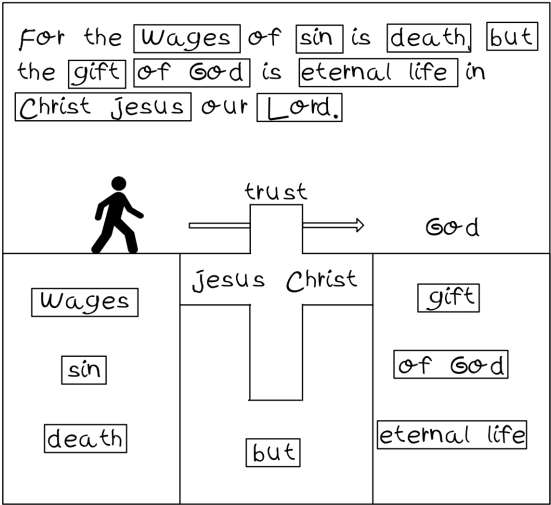
Wages are earned, they are deserved and reflect the justice of God.

When we sin against God the Bible tells us the deserved punishment is death (eternal separation from God). When we reject God and His ways the result is a chasm between Him and us.

Q. What does separation from God mean? What does it look like?

Some try to fill this chasm with stuff to try to get rid of the emptiness; others try to bridge the chasm by trying to earn their way by doing good works or religious duties. But neither of these options work.

The free gift, the good news (Gospel), is that Jesus died on a cross to take away our sins and he rose from the dead to give us new power to live the way God wants. A gift is freely given, but costs the one giving it. Jesus paid the ultimate price to bridge the chasm, His own death on the cross. As we choose to trust Jesus we receive this free gift of God.



Read 1 Peter 3:18

Q. Why did Jesus die?

Jesus as the only perfect, sinless person died as our substitute, the righteous for the unrighteous. He took our sin and paid the price of

justice. Jesus is God so as we are united with Him, His death meant our sinful self died on the cross with Him, and through His resurrection we gain life.

Reflection: Matthew 13:44-46

Q. Why did those who found the treasure/pearl sell all they had?

Often people consider the treasure/pearl is the Kingdom of God that we have to let go of everything to accept Jesus. There is truth in this; however, spend time reflecting on the concept that God considers you the pearl.



Study 3: Born again

Read John 3:1-8

Birth is another picture of salvation, a person is born into a family and is a citizen of a country by birth. We gain our identity from our family and nationality. We may also look like our parents and behave like them - we carry their DNA and learn how to live from them.

Q. In what ways would natural birth and spiritual birth be similar?

Q. Different?

Often in Church circles the term 'born again' is used about someone who has chosen for themselves to accept Jesus into their life and, by doing so, experienced a spiritual renewal.

The word 'again' in the original Greek language can also be translated

as 'from above'. Becoming a Christian is not making a new start in life, it is receiving a new life with which to start. It is not about receiving a set of rules to live by now; it is about receiving life and spiritual connection with our loving Heavenly Father through the Holy Spirit.

Q. What do you understand by the concept that Jesus wants to give you new life, the life of God the Holy Spirit, to come and live within you?

Q. What would this look like?

Q. How would this change your life?

Response: Read Romans 10:9-10

Q. What does Jesus, being "Lord" mean to you?

Q. How does Jesus, being raised from the dead impact your life?

Sometimes, in life, it is good to make a clear definitive decision, rather than simply to drift. If you have never made a clear decision to become a follower of Jesus and accept what He has done: and make Him Lord then there are some easy steps you can follow.

Accept - We have been living our way rather than God's way. This is sin against God and the wages of sin is death.

Believe - That Jesus is God's son, He died: the righteous for the unrighteous, and was raised from the dead. He did this to take our punishment and reconcile us to our loving Heavenly Father God.

Confess - In response we confess our sins verbally to God. We accept what Jesus did on the cross for us and state our intent to give Him the place in our lives as Saviour and Lord. We then invite Him to come and live in us through the power of the Holy Spirit.

If you believe this for yourself then here's a simple prayer you could say to take this step today:

Dear God,

I am sorry for my sins. I believe Jesus died on the cross for my sins. Please forgive me. I ask You Jesus to come into my life through Your Holy Spirit to be my Saviour and Lord. Thank You for loving me and saving me from my sins. In Jesus Name, Amen

Date _____



Group Discussion Questions:

Step 2: Initial steps

What is the memory verse? - John 3:16

Q. Can you summarise each study?

Q. Any questions from course material?

Read: Romans 8:15-16 (TPT)

And you did not receive the “spirit of religious duty,” leading you back into the fear of *never being good enough*. But you have received the “Spirit of full acceptance,” enfolding you into the family of God. And you will never feel orphaned, for as he rises up within us, our spirits join him in saying the words of tender affection, “Beloved Father!” For the Holy Spirit makes God’s fatherhood real to us as he whispers into our innermost being, “You are God’s beloved child!”

Q. What in being a disciple of Jesus, is the difference between religion and relationship?

Q. What is the difference between being in the family of God and being an orphan? What does the reality of this look like?

Q. What does a loving relationship between a father and child look like?

The Bible explains we can have this close intimate loving relationship with our Father God.

Q. How does this affect how we relate to God?

Q. How does this affect how we live out our life?

Response:

Spend a moment to reflect and ask God: what is limiting me from experiencing greater intimacy with Father God?

Pray for each other for breakthrough in this, and for a greater experience of intimacy with Father God.

If you have not yet taken the step of making a clear decision to be a follower of Jesus you may want to pray the prayer found at the end of Study 3 with someone in your group.



Action Point: Share your story of God's love with someone this week.

Coach's Notes



Discipleship Way can either be used in a small group setting or with 1-to-1 coaching. Though the course could be covered in 12 weeks, I would recommend going at the pace of the individuals. It is better to take longer and for those going through the course to grasp everything than to speed through and miss or misunderstood things. Below are some thoughts as you take this journey together.



Relationship with God - To be a coach this is what you need for yourself, invest in your own walk, make sure you stay close to Jesus.



Travel Together - Discipleship cannot happen by yourself, we learn from each other. Your role as coach is to provide windows into your own walk with God. Jesus modelled His relationship with His Father to the disciples. Paul encourages others to imitate him, to follow his example and to observe carefully those who walk according to the pattern set (1 Corinthians 4:16, 11:1, Philippians 3:17).



Study - As a coach, your role is not to have all the answers but to help facilitate others in how to find the answers. To begin with, help may be needed in navigating the Bible. Try to allow the Bible to speak for itself. Don't become "parental" or "teachy". Jesus taught by asking questions and drawing from God's word.



Discuss - At the start of each group discussion is an opportunity to chat through any questions from the studies. Take time ensuring each study has been fully understood.



Action Points - As you progress through the course, keep reflecting back on previous Action Points and whether new habits and ways of life are forming. Be encouraging by sharing your own personal experience of applying these Action Points.



Nurture - For many, committing to work through a course and the disciplines involved in study may be difficult. When challenging stuff then arises which may involve dealing with things from the past, or require lifestyle changes, there can be a tendency to opt out. As coach you can bring the encouragement, share your own experiences and point to Jesus' love. Don't use guilt to motivate or control. If a person hits a crossroads about whether to continue to say 'Yes' to Jesus, give them permission and space to think it through. Pray for them. Allow them to stop but provide opportunities to try again at any point in the future.



Step 1 Disciple

Key outcome: The student needs to understand the level of commitment agreed upon for meeting up. The student must have a basic understanding about how to navigate and find verses in a Bible. Continue to monitor and support this over the course to ensure greater Bible literacy is gained.

Prayer focus: Initiate prayer at the beginning and close of each time together, inviting the student to pray and leave space, but don't pressurise.

Signpost: Help the student to explore Bible versions and purchase a Bible which they are comfortable with.



Step 2 Initial Steps

Key outcome: To understand what it means to be a follower of Jesus: loved and accepted by Father God as His child; as forgiven and redeemed by Jesus as saviour; as born again with Jesus as Lord and God. It is a journey and it may take a while before the Lordship of Jesus is fully understood and accepted.

Prayer focus: Go through the meaning of prayer on pg.22 then offer to lead the student through the prayer if they haven't yet done this previously.

Signpost: It depends on each student and what level of understanding and commitment they have reached; it maybe that an Alpha Course may be more suitable.



Step 3 Speaking

Key outcome: To understand prayer as two-way communication between us and God and the forms in which this can take. The student starts to develop their own prayer life.

Prayer focus: Modelling our own prayer life can help others to get started. Encourage the student to join in with prayer time even with simple short prayers. Start to include a time of listening and discuss together if anything is heard/sensed.

Signpost: If the student struggles in this area encourage them to join a local prayer group and consider reading 'How to pray' (Pete Greig).



Step 4 Celebration

Key outcome: To understand the ‘why’ with the heart of worship, the ‘how’ in different ways to worship, and the ‘when’ with what a lifestyle of worship looks like.

Prayer focus: Discuss whether there is anything limiting the student from expressing themselves and giving themselves fully in worship. Pray together about this.

Signpost: Encourage the student to explore different forms of worship, maybe listening to Radio UCB2 or reading ‘Holy Roar’ (Chris Tomlin).



Step 5 Identity

Key outcome: To understand who they are and whose they are. Bring focus to the meaning of being “in Christ”. Ensure you discuss Study 2 and how to reject lies and found our lives on God’s truth - you may want to give an example from your own life of how you have worked through this process.

Prayer focus: Help will probably be needed to walk through the prayer at the end of Study 3 on pg. 52.

Signpost: Big issues may surface during this step. If you feel out of your depth affirm the student as a child of God and that we are all on a journey. A follow on course may be needed such as Soul Care or Freedom in Christ or another deeper healing ministry. If need be suggest that together you seek help from someone with more experience: such as your Church leader.



Step 6 Presence

Key outcome: To understand who Holy Spirit is, what He does and the transformation He can bring. To explore how they can receive His infilling and what can limit us receiving His fullness. Share your own personal story of first receiving and subsequent in-fillings.

Prayer focus: If the student has not yet been overwhelmed by the fullness of Holy Spirit, encourage them and pray for them. If there are any fears or other hinderances discuss these and pray into these.

Signpost: If you have prayer ministry within your church, encourage the student to take every opportunity to receive prayer. “Why I am still surprised by the power of the Spirit” (Jack Deere) may be a useful read.



Step 7 Liberation

Key outcome: To understand what forgiveness is and what it is not, how important it is to God and what affect it can have on us. To understand Matthew 6:14-15 If we don't forgive, God will not forgive us.

Prayer focus: Help may be needed to pray through any unconfessed sin and also any unforgiveness towards others, to themselves and even towards God. Use the templated prayers with the student if helpful.

Signpost: A good book with a course to recommend to help the student if they are struggling to walk out this area (especially if dealing with hurt and offences) is "The Bait of Satan", by John Bevere



Step 8 Equipment

Key outcome: To gain an understanding of the many different spiritual gifts and their use; that the Holy Spirit is the Giver and that all are available to every Christian. Explore with the student the 5-Fold Ministry Gifts and how they can identify and grow in their own gifting.

Prayer focus: Build faith from sharing your own experience, discuss any areas of fear. Invite further infilling of Holy Spirit and from now on initiate listening to God with the student seeking words etc.

Signpost: For further study "Why I Am Still Surprised by the Power of the Spirit" by Jack Deere



Step 9 Strongholds

Key outcome: An understanding of how footholds can be formed and then develop into strongholds. Ensure the student hasn't skipped over bits especially Study 2 with Appendix 2. Remember to not judge nor condone; point to God's way, His standard, but also to His love and forgiving power. God wants us to be free so we can have life to the full.

Prayer focus: Help will probably be needed to walk through the different stages and prayers.

Signpost: This step can often lead to lots of questions about why God says something is a sin (especially from the list in Appendix 2). If you don't know about something yourself be honest and look into it together. This step may also reveal roots which are beyond your ability to deal with. Again, be honest and encourage the person to seek deeper healing through a course such as Soul Care or Freedom in Christ.



Step 10 Household

Key outcome: To understand what and who the church is, God's heart and purpose for the church, and the challenges and blessings of belonging. If the person is not yet committed to a local church work through Appendix 3 with them.

Prayer focus: There may be a need for forgiveness towards both the organisation and the individuals who form the church - draw from Step 7. Pray together about how the student can become more involved in church life.

Signpost: In discussing Study 3, the student may be interested in baptism or another of the celebrations. Encourage the student to speak to your church leadership regarding how to take these steps.



Step 11 Investment

Key outcome: To understand all we have is from God and that we are a steward. That giving and generosity are for our own benefit as they bring us closer to dependency on God rather than ourselves. Focus on practical application - use examples from your own life.

Prayer focus: Giving or not giving reveals our heart's condition regarding trust and dependency on God.

Signpost: The desire may be there, but financial debt can really restrict stepping out. If this is an issue encourage small steps but also encourage doing a budgeting course or seeking professional debt help.



Step 12 Purpose

Key outcome: The student not only understands, but is excited to be stepping into their God given purpose. Discuss with the student what next steps could look like for them to move forward. Discuss any challenges to moving ahead with God.

Prayer focus: Review if anything came up during the course which will require further study/ministry/prayer/action. Pray with the student for Holy Spirit boldness to keep moving forward to become all that God has created them to be.

Signpost: Discuss with the person what comes next; how they can continue to grow as a disciple, and how they can start to disciple others. Make suggestions within your local church context.

How to run the Course

There are many settings and types of people with different backgrounds. The Discipleship Way Course can be run in different ways to adapt to different needs, capacities, and timescales.



Group setting:

Option 1 – recommended

Session 1 – Coach gives out books, introduces course, and coaches the students through Step 1. At end of Session 1, the coach sets self-study (homework) of the next Step Story and asks them to work through Study 1 themselves or in a pair, during the week.

Session 2 – coach briefly reviews Study 1 (ensuring key outcomes are understood and applied). Then coaches through Study 2. Sets self-study of Study 3.

Session 3 – again briefly reviews Study 3. Coach through Group Discussion Questions. Set self-study of next Step Story and Study 1.

And so it goes on. 23 sessions in all.

Option 2 – maybe suitable in some settings (University/Prison)

It is possible to complete the course over 12 sessions.

After an initial session where the Coach gives out books, introduces the course, and coaches the students through Step 1; Students do the Story and the 3 self-studies themselves (or preferably in a pair).

Sessions would comprise brief reviews of studies (ensuring the key outcomes are understood and applied) and then go through Group Discussions Question together. Some may find this approach too intense and because it is more self-led there is a greater need for self-motivation.

1-to-1:

Option 1

Session 1 – Coach gives out the book, introduces course, and coaches the student through Step 1.

Coach then encourages the student to work through the next Step (Story and Studies) themselves and sets a realistic date for next session.

At the next session review the step (ensuring key outcomes are understood and applied) and together work through the Group Discussion Questions.

Coach then encourages the student to work through the next Step (Story and Studies), and so on...

Option 2

Coach takes the student through the full content ensuring key outcomes are understood and applied.

As the student increases in confidence, encourage them to try to go through a Study themselves, before the next session.

End Notes

I have tried to attribute where possible, but I'm aware some concepts, ideas and understanding have been drawn from extensive reading of others. Below are sources from which I know I have drawn. The recommended reading are books which have helped my own understanding.

Books:

Pyches, David. 1994, *Come Holy Spirit*, Hodder & Stoughton Religious.

Blacklock, Kathleen. & Eva Leaf, 2019, *First Encounters*, Navigators UK.

Robertshaw, John. 1999, *First Steps: Basic Bible Studies for Christians*, Coastline Christian Resources.

Davidson, Tim, 2006, *Passport: A Believer's Guide to the Kingdom of God*, Vineyard International Publishing.

Anderson, Neil T. 2017, *Steps to Freedom in Christ*, Bethany House Publishers, a division of Baker Publishing Group.

Thayer's Greek Lexicon, 1889, (out of copyright)

Websites:

Step 8 Study 3, APEST the information is drawn from:

Alan Hirsh, theforgottenways.org

Eric Knopf fivefoldministry.com

Recommended Reading

Alcorn, Randy. 2011, *Managing God's Money: A Biblical Guide*, Tyndale. Step 11

Alexander, David. 2017, *The Lion Handbook to the Bible*, Lion Books. Step 1

Anderson, Neil T. 2017, *Steps to Freedom in Christ*, Bethany House Publishers, a division of Baker Publishing Group. Step 5, 7, 9

Bevere, John. 2014, *The Bait of Satan*, Charisma House. Step 7

Cunningham, Loren. 2001, *Is that really you God?* YWAM Publishing, U.S. Step 3

Deere, Jack. 2020, *Why I Am Still Surprised by the Power of the Spirit*, Zondervan. Step 6

Greig, Pete. 2019, *How to Pray: A Simple Guide for Normal People*, Hodder & Stoughton. Step 3

Gumbel, Nicky. 2018, *A Life Worth Living: Live a Life of Purpose, Passion and Joy*, Hodder & Stoughton. Step 2, 10

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Gumbel, Nicky. 2018, *Questions of Life: An Opportunity to Explore the Meaning of Life*, Hodder & Stoughton. Step 2

McClung, Floyd. 2004, *The Father Heart of God*, Harvest House Publishers, U.S. Step 5

Pyches, David. 1994, *Come Holy Spirit*, Hodder & Stoughton Religious. Step 8

Reimer, Rob. 2016, *Soul Care: 7 Transformational Principles for a Healthy Soul*, Carpenter's Son Publishing. Step 5, 7, 9

Tomlin, Chris. 2018, *Holy Roar*, Thomas Nelson. Step 4

Warren, Rick. 2013, *The Purpose Driven Life*, Zondervan. Step 12

The Discipleship Way Course

Have you taken that first step of accepting Jesus? On long journeys we need to pack the essentials whilst getting rid of excess baggage. This 12 step course helps us create good foundations.

Using the acronym **DISCIPLESHIP** leads us through the following foundations:

- D**isciple – introducing the course and the Bible
- I**nitial steps – what it means to be a follower of Jesus
- S**peaking – getting started with prayer
- C**elebration – getting started with worship
- I**ntity – knowing who you are in Jesus
- P**resence – knowing the Holy Spirit
- L**iberation – finding freedom through forgiveness
- E**quipment – learning to use God's gifts
- S**trongholds – finding freedom from any enemy hold
- H**ousehold – discover the role and importance of the church
- I**vestment – discover why money is important to God
- P**urpose – knowing our God given purpose for life



Jonathan Mackwell with his wife Jenny, lead Waypoint Church in Berwick-Upon-Tweed. Coming from a missional background, they started the Church in 2017 based on foundations of Word and Spirit, Mission and Discipleship. Both have a passion to see their local community reached and transformed by the love and power of Jesus.

